



SAINT GEORGE ORTHODOX CATHEDRAL

HIS EMINENCE, ARCHBISHOP ALEXANDER OF TOLEDO: RECTOR

REV. FR. GREGORY BRUNER: DEAN

(779) 875-1084 | FRGBRUNER@GMAIL.COM

738 GLENWOOD ROAD, ROSSFORD, OHIO 43460 | [HTTP://WWW.STGEORGEROSSFORD.ORG](http://www.stgeorgerossford.org)

July 12, 2020

5th Sunday After Pentecost - Tone 4

Martyrs Proclus and Hilary of Ancyra

St. Veronica (Bernice) the Woman with the Issue of Blood

Ven. Michael of Maleinus



From the Fathers...

“Forgive me, Lord, soften my heart and teach me not to watch how people treat me, but how I relate to people. And if they are hostile, inspire me, Lord, to pay them love and goodness and pray for them!”

- Archimandrite John Krestiankin



Welcome Visitors!

We are delighted to have visitors worship with us, and we pray that you will be blessed through your participation with us. In the Orthodox Church, the reception of Holy Communion is a mark of membership in the Church. Only those who have been united to the Orthodox Church through Baptism or Chrismation, and have prepared themselves through regular Confession, prayer and fasting are permitted to partake of Holy Communion. We encourage visitors to participate in our prayers and hymns and to join us in venerating the Cross and receiving blessed bread at the conclusion of the Divine Liturgy. Literature about the Orthodox faith and this parish can be found in the vestibule. Please feel free to ask questions before or after the service, as well as join us in the Parish Hall for refreshments and fellowship after the Liturgy.



You suffered a multitude of tortures, / together obtaining your holy crowns, O Proclus and Hilary. / Therefore we worthily celebrate your memory, // praying fervently that you intercede for us.

O Proclus, thy body was torn asunder, / but thou didst obtain eternal glory, O blessed one. / Now that thou art in the eternal light of Paradise, // pray that we who sing to thee may also see this light!

Like two fountains of light, O holy passion bearers, / Proclus and Hilary, / dispel the darkening of passions / as we sing to you with joy, // celebrating your memory! *(Stichera of Lord, I Call)*

TODAY'S WORSHIP - HYMNS AND SCRIPTURE READINGS

Resurrection Troparion in Tone 4

When the women disciples of the Lord/ learned from the angel the joyous message of Thy Resurrection,/ they cast away the ancestral curse/ and elatedly told the apostles:/ "Death is overthrown!/ Christ God is risen,// granting the world great mercy!"

Greatmartyr George Troparion in Tone 4

As deliverer of captives/ and defender of the poor;/ healer of the infirm,/ champion of kings;/ victorious Great Martyr George,/ intercede with Christ our God;// for our souls' salvation.

Ven. Michael Troparion in Tone 8

The image of God was truly preserved in thee, O Father,/ for thou didst take up the Cross and follow Christ./ By so doing, thou taughtest us to disregard the flesh for it passes away;/ but to care instead for the soul, for it is immortal.// Therefore thy spirit, O holy Father Michael, rejoices with the angels.

Resurrection Kontakion in Tone 4

My Savior and Redeemer/ as God rose from the tomb and delivered the earth-born from their chains./ He has shattered the gates of hell,/ and as Master,// He has risen on the third day!

Great Martyr George Kontakion in Tone 4

As we the faithful flee to thee for refuge and seek thy

protection and speedy help,/ We entreat thee, O Champion of Christ, that we who sing thy praises may be delivered from the snares of the enemy/ and from every peril and adversary,// that we may cry: "Rejoice, O martyr George!"

Martyrs Proclus and Hilary Kontakion in Tone 4

Like the morning star,/ your glorious sufferings enlighten us with holy miracles./ We celebrate your memory, O Proclus and Hilary;/ pray to Christ our God for us// that He will save our souls!

Glory to the Father and to the Son and to the Holy Spirit

Ven. Michael Troparion in Tone 2

By thy deeds thou didst wither the arrogance of the flesh;/ and through enlightenment thou gavest wings to thine agility of spirit./ Thou wast revealed as a dwelling-place of the Trinity,/ Whom now thou dost clearly behold.// O blessed Michael, unceasingly pray for us all!

Now and ever and unto ages of ages. Amen.

Steadfast Protectress of Christians in Tone 6

Steadfast Protectress of Christians,/ constant advocate before the Creator;/ despise not the entreating cries of us sinners,/ but in your goodness come speedily to help us who call on you in faith./ Hasten to hear our petition and to intercede for us, O Theotokos,/ for you always protect those who honor you!

Epistle: Romans 10:1-10

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. For I bear them witness that they have a zeal for God, but not according to knowledge. For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God. For Christ is the end of the law for righteousness to everyone who believes.

For Moses writes about the righteousness which is of the law, "The man who does those things shall live by them." But the righteousness of faith speaks in this way, "Do not say in your heart, 'Who will ascend into heaven?' (that is, to bring Christ down from above) or, 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

Gospel: Matthew 8:28-9:1

When He had come to the other side, to the country of the Gergesenes, there met Him two demon-possessed men, coming out of the tombs, exceedingly fierce, so that no one could pass that way. And suddenly they cried out, saying, "What have we to do with You, Jesus, You Son of God? Have You come here to torment us before the time?"

Now a good way off from them there was a herd of many swine feeding. So the demons begged Him, saying, "If You cast us out, permit us to go away into the herd of swine."

And He said to them, "Go." So when they had come out, they went into the herd of swine. And suddenly the whole herd of swine ran violently down the steep place into the sea, and perished in the water. Then those who kept them fled; and they went away into the city and told everything, including what had happened to the demon-possessed men. And behold, the whole city came out to meet Jesus. And when they saw Him, they begged Him to depart from their region.

So He got into a boat, crossed over, and came to His own city.

THIS WEEK AND LIFE IN CHRIST

Sunday, July 12th

10:00 AM Divine Liturgy (Livestream and In Person)

Martyrs Proclus and Hilary of Ancyra

Ven. Michael of Maleinus

Romans 10:1-10, Matthew 8:28-9:1

Monday, July 13th

7:00 PM Adult Education (Online)

Synaxis of the Archangel Gabriel

St. Julian, Bishop of Cenomanis in Gaul

Romans 16:17-24, Mathew 13:10-23

Tuesday, July 14th

Apostle Aquila of the Seventy

Martyr Jusus at Rome

Repose of Ven. Nicodemus of the Holy Mountain

1 Corinthians 1:1-9, 1 Corinthians 2:9-3:8

Matthew 13:24-30, Matthew 13:31-36

Wednesday, July 15th

Holy Equal-to-the-Apostles Great Prince Vladimir

Martyr Cyricus and his mother, Julitta, of Tarsus

Galatians 1:11-19, John 10:1-9

Thursday, July 16th

Hieromartyr Athenogenes, Bishop of Heracleopolis

Martyr Antiochus the Physician, or Sebaste

1 Corinthians 3:18-23, Matthew 13:36-43

Friday, July 17th

Greatmartyr Marina of Antioch in Pisidia

Royal Passionbearers Tsar Nicholas, Alexandra, Aleksy,

Olga, Tatiana, Maria, Anastasia

1 Corinthians 4:5-8, Romans 8:28-39

Matthew 13:44-54, John 15:17-16:2

Saturday, July 18th

5:00 PM Great Vespers (Livestream and In Person)

Martyr Emilian of Siliustria in Bulgaria

Nun-Martyrs Grand Duchess Elizabeth and Barbara

Romans 9:1-5, Matthew 9:18-26

Sunday, July 19th

10:00 AM Divine Liturgy (Livestream and In Person)

Commemoration of the Holy Fathers of the First Six Ecumenical Councils

Ven. Macrina, sister of Basil the Great

Bl. Stephen, King of Serbia, and his mother, St. Militsa

Romans 12:6-14, Hebrews 13:7-16

Matthew 9:1-8, John 17:1-13

The Outer Signs are Only to Remind Us of the Inner Things



"The outer signs are only to remind us of the inner things" are words written by the Nun Martyr and Grand Duchess Elizabeth, who was martyred with her companion, the Nun Barbara.

Because Saint Elizabeth was born into Western European royalty and raised as a Protestant, she struggled to explain her conversion to Orthodoxy to her relatives, among them Queen Victoria. Some of them believed that her Russian husband, the Grand Duke Sergei, had compelled her to convert. Others, apparently, thought that she had been dazzled by the splendor of Orthodox worship. It was to them that she wrote, according to Ludmila Koehler's book "Saint Elisabeth the New Martyr", these words: "You tell me that the outer brilliance of the church charmed me...in that you are mistaken—nothing in the outer signs attracted me. The outer signs are only to remind us of the inner things."

Many people do not understand why churches, vestments and sacred vessels should be beautiful. They consider these things to be unnecessary "trappings." Yet God Himself gave instructions for the building of a richly-furnished tabernacle, and vestments for the "glorious adornment" of the priests, in Exodus 25.

Jesus reproved the disciples when they questioned the "waste" of costly oil used by a woman to anoint Him. They complained that it could have been sold for a good deal of money which would help the poor. But He said, in Matthew 26:11, "For you will always have the poor with you, but you will not always have Me." The Church understands from this that when we have the privilege of being with the Lord in church, everything from the choir's singing to the well-polished candlestands should be as beautiful as we can make it. Near the end of every Liturgy we ask God to "sanctify those who love the beauty of Your house."

But beautiful things are not ends in themselves. They are there to "remind us of the inner things" as Saint Elizabeth wrote. We are not meant to get caught up in beautiful externals, but we are meant always to remember the glory of the Kingdom of God, toward which the beauty of those externals points us.

Saint Elizabeth understood that, and she also understood what Jesus meant by saying, "For you always have the poor with you." Creating beauty in the church doesn't exempt us from taking care of those in need; we are supposed to do both. The women's monastery founded by Saint Elizabeth served some of the most destitute people in Moscow while at the same time holding services in a beautifully-appointed chapel.

We should always be able to answer critics of the "fancy trappings" of Orthodox worship by truthfully saying that we do serve and care for our needy sisters and brothers, but that we also make the church a beautiful place so as to "remind" worshippers of the "inner things." Saint Elizabeth shows us how to do both.

HAVE A QUESTION OR NEED TO CHAT? CALL OR EMAIL FR. GREGORY.

Updated Guidance for COVID-19

Reopening Guidelines

The Cathedral remains in Stage 4 of the reopening process for the time being.

Per the order of the Ohio Department of Health, due to Wood County being placed under a Level 3 Public Health Advisory, **face masks are now required to be worn during all services.** This will continue until the county has moved back to at least Level 2.

Exceptions to the face mask requirement set forth in the Public Health Order pertinent to St. George are as follows:

- individuals are under 10 years of age (and cannot reasonably keep from handling the mask),
- those with respiratory conditions that restrict breathing, mental health conditions, or disability that contraindicates the wearing of a facial covering,
- officiants of religious services (altar servers will wear face masks).

Those who fall in the vulnerable populations should remain at home.

Important: If you helped someone sign up to attend services this weekend, please make them aware of this update. Anyone without a mask **worn correctly** will be sent home.

Online Adult Education

Please join us for an Adult Education series “Mothers and Martyrs: An Examination of Women Saints in the Orthodox Church” on **Monday evenings starting at 7:30pm.** Online classes will be held via Zoom. The Zoom link is sent through our email list.

Candles and Bulletin Sponsors

During this time of separation, if you would like a candle lit in church on your behalf or would like to sponsor the sanctuary lamp, please email Fr. Gregory. Donations can be made online on our website.

Prayer Calendar

The Quarterly prayer calendar is now available online at: <https://www.stgeorgrossford.org/wp-content/uploads/2020/07/Prayer-Calendar-Q3.pdf>

Growing Young Initiative

The Parish Council supported Growing Young Initiative is meeting online monthly at GoToMeeting.com, If you haven't been invited but would like to be in on the excitement let Steve or Cindy know. What are we doing? Initiatives include mentoring our youth, Card Ministry, education and learning to create authentic dialogue. Join us!

We are praying for...

Health and Well-Being:

Soteria, Maria, Tanya, Lawrence, Kathleen, Karen, Panka, Barb, and the kidnapped hierarchs Metropolitan Boulos and Archbishop Yohanna of Aleppo; and those being persecuted for their faith in the Middle East.

Catechumens:

Tim, Laura, Ethan, Naomi, Olivia, Daniel, Phoebe, Ezekiel, and Jachin.



Sanctuary Lamp

The Sanctuary Lamp is lit today by Stan and Joanne Pentsos in memory of James and Maria Angin. May their memories be eternal!



Celebrations

Birthdays:

Panka Eneff (7/16)

Name's Days:

Margaret Ostas (7/17)

Katie (Elizabeth) Ranck (7/18)

Anniversaries:

George & Vicki Ghareeb (7/13)

